## Ciudad de Mar program activities of culture, leisure and sport on the beaches under the brand 'Verano Capital'



By CDM

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Noticias



Ciudad de Mar Council of the City of Las Palmas de Gran Canaria has scheduled a summer of leisure, sports, urban art and culture, under the brand name Verano Capital. An activities agenda that integrates consolidated events such as the La Laja - San Cristobal Swim and La Mujer Race, but which also recovers the celebration of World Surfing Day, and proposes the Gran Canaria Urbana Festival and concerts for the first time. sunset at the Alfredo Kraus Auditorium Gardens. The activities linked to the culture and the seafaring traditions of the city and technology also have a place in this summer calendar.

Las Canteras Beach and San Cristóbal will be the two main stages of this program that begins next Saturday June 16 with a guided historical tour in the Barrio Marinero and will extend until the second half of September with the Barbero Solidarios event.

La Cícer and El Lloret, especially surfer environments and young urban life, will host, between June 29 and July 1, two of the main novelties of this summer of beach culture and leisure: the Gran Canaria Urbana and World Surfing Day These two events will open the door to the month of July with the aim of promoting this area of the city as a reference for sport and street art, linked to the sea and the coast.

The Gran Canaria Urbana Festival, from June 29 to July 1, in the esplanade of El Lloret, will be the first multidisciplinary event with activities ranging from skateboarding, rollerblading, BMX bikes, calisthenics, parkour, grafitti, bodypainting, barbershop and tattoos. This festival will add hip hop music, breakdance and rock battles to encourage the sound of a city open to new urban trends.

On the other hand, Surfing Day, World Surfing Day, is a day that is recovered in the city on Saturday, June 30. From 10 a.m. to 8 p.m., the Association of Surf Schools of Gran Canaria will bet to make even more visible some sports, those of surfing, surfing, bodyboarding, canoeing and paddle surfing, which have managed to boost the Guanarteme neighborhood in a very important way. and the Beach of Las Canteras.

Team surfing competition, surfing initiation activity, surf-yoga sessions, exhibition tents for companies and associations linked to the sector, food trucks, zumba and live music will complete a day aimed not only at surfing fans but also at surfing. Every family.

The Jardines del Atlántico will be the stage to create on July 1, August 5 and September 2, a chill - out atmosphere with Las Canteras Sunset, that will allow you to enjoy the sunset with the outdoor music of Gabriel Serrini, Allegoria, Germán López and Yuri Ballesteros.

## San Cristóbal Sabor a Mar in summer

The Sailor Neighborhood of San Cristóbal will host a summer program linked to the history, culture and seafood gastronomy. A journey through the history and the present of the Vela Latina Canaria and artisanal fishing will open this agenda next Saturday, June 16.

The guided tour, 'The history of San Cristóbal, the Latin sail and the fishing', will take place between 11:00 am and 1:30 pm, from the area of the San Pedro Mártir Tower (Castillo de San Cristóbal) to the fishing pier.

The professor of Modern History at the University of Las Palmas de Gran Canaria, Germán Santana Pérez, will direct this activity that will explain the direct relationship of the sea not only in the neighborhood, but throughout the city and the Canary Islands through two of its most interesting historical assets, fishing and Latin sailing.

This is the first activity that Ciudad de Mar will develop in the mariner neighborhood over the coming months under the brand San Cristóbal Sabor a Mar, which integrates events such as the Crossing to Nado la Laja - San Cristóbal, the next 14 July, a cooking workshop and healthy culinary education, on August 5, and a technological gyncana, on September 15.

## Sport

One of the consolidated events in the city's summer agenda is the Carrera de la Mujer, the Summer Run El Confital, which in 2018 will take place on Saturday, July 7, from the Alfredo Kraus Auditorium to the entrance of El Confital. A purple tide of a thousand women of all ages for the Paseo de Las Canteras, which in this edition will once again have a supportive character.

In addition, from August 24 to 26 in the area of Playa Grande, Las Canteras will develop three days of activities aimed at raising awareness of healthy habits. The Summer Capital program will put the cherry on top of its activities proposal on September 16th, with the Barberos Solidarios event, which is in its third edition, in the La Puntilla area.